



SLEEP DISORDERS REFERRAL FORM

Please complete and fax to (807) 683-4420 Urgent Requests Require a Physician to Physician Phone Call

This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHFs, such as those listed on the IHF Program website: <http://www.health.gov.on.ca/en/public/programs/ihf/facilities.aspx>

SERVICES REQUESTED - PLEASE SELECT ONE

- Sleep Study, followed by consultation (for treatment interventions, if indicated)
- Sleep Study Only
- Sleep Consult Only

Insomnia alone is not an indication for sleep studies and requires consultation first. Consultations/clinical follow up may be provided via Telemedicine.

PATIENT INFO Name, DOB, Gender, HNON, Address, Phone (home/work/cell)

PRIOR SLEEP STUDY HISTORY

Date: _____

Results attached **Y** **N**

On Treatment **Y** **N**

Type & Rx CPAP _____ cmH2O

BiPAP _____ cmH2O

ASV _____ cmH2O

Oxygen **Y** **N** _____ Lpm

CLINICAL INFO RELEVANT TO THE TEST

- Witnessed or suspected apnea
- Drowsiness
- Obesity
- Morning Headache or sore throat
- Family History of Sleep Apnea
- Snoring
- Insomnia
- Frequent Awakenings
- Nightmares
- Abnormal Sleep Behaviours (ie. waking, terrors, violence)
- Restless legs / leg cramps
- Other _____

WHAT QUESTIONS DO YOU WANT ANSWERED?

MEDICAL HISTORY

- Diabetes
- Hypertension
- Stroke
- CHF
- Angina
- GERD
- Fibromyalgia
- Anxiety/Depression
- Diabetes
- Cardiac Arrhythmia
- Chronic Pain
- Asthma/COPD
- Current Meds _____

LIST ANY ISSUES AFFECTING PRIORITY/ BOOKING, or MAJOR COMORBIDITIES:

Major Accessibility Issues _____ Hearing _____ Language Barrier _____ Cognitive Impairment _____ Mobility/Transfers _____

REFERRING PHYSICIAN

 All requests for sleep studies must be made by a member of the CPSO

Name: _____ Billing Number: _____ Date: _____

Address/Phone/Fax: _____

CC: _____ MD Signature: _____