



1-820 Red River Road Thunder Bay, ON P7B 1K2
PHONE: (807)683-4415 FAX: (807)683-4420 www.mdac-ca.com

PATIENT INSTRUCTIONS

Name, address, DOB, HNON, phone

Test date/time

PULMONARY FUNCTION TESTING

- Full PFT (spiro, lung vols, Dlco, raw)
- Spirometry – pre/post BD
- Spirometry – pre only
- Methacholine Challenge Test

CARDIAC TESTING

- Stress Test
- 14 day holter
- Loop Recorder (2 week intervals)
- 72 hour holter
- 48 hour holter
- 24 hour BP holter
- ECG

Clinical Information

Date

Signature

Print (Name & Billing Number)

Referring Clinic

PULMONARY FUNCTION TESTING

- Patients are asked to contact our office at **683-4415** to receive detailed instructions on which medications to hold prior to the test.

HOLTER/LOOP MONITORING

- Wear loose fitting clothing/short sleeve shirt on day of appointment.
- You will be required to wear the equipment for approximately 24 to 72 hours or 2 weeks.
- Your return time will be given to you when you receive the monitor.
- No bathing or showering while wearing the equipment.
- Do not sleep on a water bed or under an electric blanket for the duration of the test.
- If you work around airport security equipment, high power lines, transformers, or climb hydro poles, please arrange to perform other duties for the time you are wearing the monitor.

STRESS TESTING

- Do not drink any caffeinated beverages on the day of your test, or your test may need to be rescheduled.
- Bring clean running shoes, as you will be exercising on a treadmill.
- Wear comfortable clothing, including a short sleeve t-shirt.

MEDICATIONS

- Bring a list of medications to all appointments.

CANCELLATIONS

- Please contact our office at **683-4415** if you need to reschedule an appointment. **2 days (48 hours) notice is required to reschedule.**
- There is a **\$25.00** fee for all missed appointments, and canceled appointments with insufficient notification. This is **not** covered by Ontario Health.

**2 DAYS (48 HOURS) CONFIRMATION REQUIRED
SCENT FREE CLINIC**