



SLEEP DISORDERS REFERRAL FORM

Please complete and fax to (807) 683-4420 Urgent Requests Require a Physician to Physician Phone Call

SERVICES REQUESTED - PLEASE SELECT ONE

- Sleep Study, followed by consultation (for treatment interventions, if indicated)
- Sleep Study Only
- Sleep Consult Only

Insomnia alone is not an indication for sleep studies and requires consultation first. Consultations/clinical follow up may be provided via Telemedicine.

PATIENT INFO Name, DOB, Gender, HNON, Address, Phone (home/work/cell)

PRIOR SLEEP STUDY HISTORY

Date:

Results attached **Y** **N**

On Treatment **Y** **N**

Type & Rx CPAP _____ cmH2O

BiPAP _____ cmH2O

ASV _____ cmH2O

Oxygen **Y** **N** _____ Lpm

CLINICAL INFO RELEVANT TO THE TEST

- Witnessed or suspected apnea
- Drowsiness
- Obesity
- Morning Headache or sore throat
- Family History of Sleep Apnea
- Snoring
- Insomnia
- Frequent Awakenings
- Nightmares
- Abnormal Sleep Behaviours (ie. waking, terrors, violence)
- Restless legs / leg cramps
- Other _____

WHAT QUESTIONS DO YOU WANT ANSWERED?

MEDICAL HISTORY

- Diabetes
- CHF
- Fibromyalgia
- Cardiac Arrhythmia
- Hypertension
- Angina
- Anxiety/Depression
- Chronic Pain
- Stroke
- GERD
- Diabetes
- Asthma/COPD
- Current Meds _____

LIST ANY ISSUES AFFECTING PRIORITY/ BOOKING, or MAJOR COMORBIDITIES:

Major Accessibility Issues _____ Hearing _____ Language Barrier _____ Cognitive Impairment _____ Mobility/Transfers _____

REFERRING PHYSICIAN (All requests must be made by a member of the CPSO)

Name: _____ Billing Number: _____ Date: _____

Address/Phone/Fax: _____

CC: _____ MD Signature: _____

Append cumulative summary/problem list, relevant consults and any prior sleep studies